



## **INVITATION**

The Finnish Open Junior Championships will be held on Friday 9th to Sunday 11th of March 2018 in Helsinki, Finland. Venue will be the same as in 2018 European Junior Championships. Tiirat Diving Club will host the competition with authorisation by the Finnish Swimming Association.

The competition consists of both Age-group diving events and synchronized events. Warm up will begin on Thursday 8th of March for all the divers.

The competition will begin on Friday 9th of March and end on Sunday 11th of March.

We will be waiting for you.

### **Place**

Mäkelänrinne Swimming Centre

Address: Mäkelänkatu 49  
00550 HELSINKI, FINLAND

### **Competition will consist of**

1. All FINA's age-groups (A, B, C) (1-meter, 3-meter, platform)
2. D-group (1-meter, 3-meter, platform)
3. Synchronized events (A/B 3-meter and platform)

### **Deadlines**

Preliminary entry and preliminary accommodation form

**December 31st**

Final entry and accommodation form

**January 28th**

### **Technical meeting**

Technical meeting will be held on Thursday 8th of March at 20:00-21:00

### **Questions and additional information**

Email: [secretary.tiirat@gmail.com](mailto:secretary.tiirat@gmail.com)

Phone: +358505434821

Jouni Seppänen

## **Mäkelänrinne Swimming Centre**

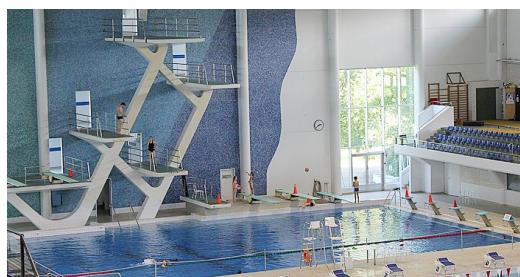
Facilities at the pool:

2 x 1-meter springboard

2 x 3-meter springboard

Platform from 1 to 10 meter

Mäkelänrinne Swimming Centre has also Dryland area with mats, trampoline and dryboard.



## **Preliminary Program**

### **Thursday 8th**

Training: 10.00 - 20.00

Technical Meeting: 20.00 - 21.00

### **Friday 9th**

Training: 7.00 - 9.00

Competition: 9.00 - 20.00

### **Saturday 10th**

Training: 8.00 - 9.30

Competition: 9.30 - 18.00

### **Sunday 11th**

Training: 8.00 - 9.30

Competition: 9.30 - 18.00

There may be some changes in the program

## **Events and series**

A-group, born 2000 - 2002

1m and 3m FINA's A-series

(girls 5+4, boys 5+5)

Platform FINA's A-series

(girls 4+4, boys 4+5)

B-group, born 2003 - 2004

1m and 3m FINA's B-series

(girls 5+3, boys 5+4)

Platform FINA's B-series

(girls 4+3, boys 4+4)

C-group, born 2005 - 2006

1m and 3m FINA's C-series

(girls 5+2, boys 5+3)

Platform FINA's B-series

(girls 4+2, boys 4+3)

D-group, born 2007 or later

1m, 3m and platform

girls and boys 6 dives

- 3 groups must be used
- At least 4 dives head first entry
- 2 dives can be feet or head first entry including 100a (dd 1.0) and 200a (dd 1.0)
- In platform event 3m, 5m and 7.5m can be used
- If 3m platform is used DD will be same as in 5m.

Synchronized events

FINA's age group synchronized diving rules DAG 3.1

(We allow AG-C in these events)

Girls 3m 2+3

Boys 3m 2+3

Girls Platform 2+3

Boys Platform 2+3

### **Accommodation and Preliminary entry**

Please send the preliminary entry form and accommodation form **no later than 31st of December 2017.**

### **Final entry**

Please send in the final entry and accommodation form **no later than 28th of January 2018.**

You will find all forms on

**www.tiirat.fi**

Please send them via email to

**secretary.tiirat@gmail.com**

### **Entry Fee and payment**

Entry fee is 15€ per start for individual events, and 20€ per pair for synchronized events.

All clubs must pay the entry and accommodation before 5th of March 2018. Participating clubs will receive an invoice after sending the final entry and accommodation form.

All payments are in Euros (€)

### **Diving Sheets**

Competition will run on DiveCalc program. We will send an online link to every team. You will be able to enter divesheets online. We kindly hope that all divesheets are entered in Divecalc at 4th of March. Changes can be made up to 24 hours before the commencement of the preliminary competition in each event.

### **Transportation in Helsinki**

Helsinki City area has one of the best public transportation systems in the world. That is one reason why we let all the teams use our public transportation system. We also care about our environment and nature.

From Airport to hotels or city center there are many opportunities. From the Helsinki-Vantaa. The easiest way is by bus number 615 which stops by request close to all three hotels mentioned below.

<https://aikataulut.reittiopas.fi/linjat/en/b615.html>

More Information:

<https://www.finnair.com/fi/gb/information-services/at-the-airport/transportation>

Helsinki Region Transport information:

<https://www.hsl.fi/en>

## Accommodation and food

**Booking must be done before 28th of January.** For those who arrange other accommodation there will be 20€ payment per day per person as a part of organisation costs.

### Hotel AVA

400m from the pool



The cost of accommodation and full board  
**Price is per person per day**

Double room 85€

\*3 room Apartment

- with double rooms 70€

\*2 room apartment

- with double rooms 70€

*\*limited availability: Rooms will be booked by sending order of final entry and accommodation form*

### Cumulus City Hakaniemi

3km (Busses door to door every 4 minutes)



The cost of accommodation and full board  
**Price is per person per day**

Double room 90€

### Park Hotel

2.2km from the pool (Tram door to door)



The cost of accommodation and full board  
**Price is per person per day**

Single room 130€

Double room 90€

### Food

Full board from Thursday to Sunday  
Full Board includes:

Breakfast: (everyday)  
will be served at hotels

Lunch: (Thursday-Sunday)  
at the Cafeteria Uppopulla (Pool)

Dinner: (Thursday-Saturday)  
at the Cafeteria Uppopulla (Pool)

### Special food

If there is need for special food due to allergy or diet, please let us know and specify it on entry form.